

CLAREMONT EAP

## **Anti-Racism Resources**

**June 5, 2020**

### **Reactions to Racism**

Psychology Today

<https://www.psychologytoday.com/intl/blog/head-games/201906/13-ways-people-color-respond-racism>

University of West Florida

<https://uwf.edu/academic-engagement-and-student-affairs/departments/counseling-and-psychological-services/self-help-library/self-help-topics/racism-and-discrimination>

The Atlantic

<https://www.theatlantic.com/health/archive/2013/03/how-racism-is-bad-for-our-bodies/273911>

### **Strategies to Deal with Racism**

Forbes

<https://www.forbes.com/sites/ellevate/2019/10/09/how-to-deal-with-racism-or-unconscious-bias-from-coworkers/#f4099c63bbb0>

Power to Fly

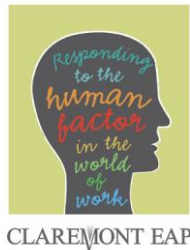
<https://blog.powertofly.com/how-to-deal-with-racism-at-work-2640292944.html>

Research Gate

[https://www.researchgate.net/publication/274713288\\_Dealing\\_with\\_racism\\_concepts\\_and\\_strategies](https://www.researchgate.net/publication/274713288_Dealing_with_racism_concepts_and_strategies)

WikiHow

<https://www.wikihow.com/Deal-With-Racism>



## **Anti-Racism Resources**

Religious Institute

<http://religiousinstitute.org/resources/anti-racism-resources>

Medium.com

<https://medium.com/wake-up-call/a-detailed-list-of-anti-racism-resources-a34b259a3eea>

National Council of Churches

<https://nationalcouncilofchurches.us/resources>

Good Good Good

<https://www.goodgoodgood.co/anti-racism-resources>

UnassociatedMedia.com

<https://www.unassociatedmedia.com/blog/lessons-at-home-are-killing-black-americans>

ThoughtCo.Com

<https://www.thoughtco.com/systemic-racism-3026565>

## **How to Stand Up to Racism**

Stand up 4 Human Rights

[https://www.standup4humanrights.org/en/fightracism\\_engage.html](https://www.standup4humanrights.org/en/fightracism_engage.html)

United Nations

<https://www.un.org/en/letsfightracism>

Harvard Business Review

<https://hbr.org/2020/06/u-s-businesses-must-take-meaningful-action-against-racism>

ThoughtCo.Com

<https://www.thoughtco.com/things-you-can-do-to-help-end-racism-3026187>